30-Day Swimming Challenge





CHALLENGE
BEGINS
NOVEMBER 1ST

Activate your challenge below to receive details then grab your swimming gear and head to your nearest campus pool!!!

SIGN UP TODAY TO ACTIVATE YOUR CHALLENGE!



https://www.surveymonkey.com/r/30-dayswimchallenge

For more information or disability support, contact LaKisha.Nickens-Gaither@montgomerycollege.edu or Marge.Turnbow@montgomerycollege.edu

Follow us

Facebook: www.facebook.com/MCHealthPE Twitter: @MCHEALTHPE Instagram: MCHealthPE